

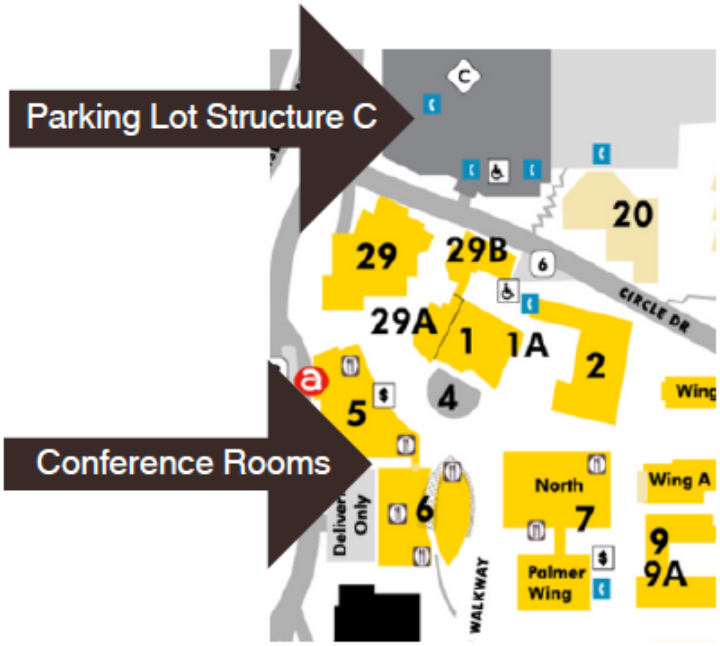
ANNUAL MENTAL AND BEHAVIORAL HEALTH CONFERENCE

Bridging Data and Community: Using Evidence Based Practices to Drive Meaningful Change

April 17th, 2026

The annual Mental and Behavioral Health Conference, hosted by Cal State LA, is a training and professional development opportunity focusing on innovative theory, research, and evidence-based practice. This conference emphasizes the need for collaborative practice to support the successful behavioral and mental health needs of individuals across the lifespan.

Location & Parking



Thank You To Our Sponsors

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An Affiliate of Greater Los Angeles County

SPECIAL THANKS TO OUR MBH 2026 CONFERENCE COMMITTEE

ROBIN DODDS, NICHOLAS B. CASIAS, KEZIA GOPAUL-KNIGHTS, JIWON "LEXI" HWANG, CHRISTIAAN KIER, HAN KIM, DENICE RIOS MOJICA, BRYAN THORTON, NATALIE F. WILLIAMS AWODEHA, LUCIA SERIO & JENNIFER R. WEYMAN

	Golden Eagle Ballroom	Boardroom North/South Guglielmo Strand	Montebello Room	Alhambra Room	San Gabriel Room
8:30am - 9:00am	Check-in & Registration				
9:00am - 9:15am	Opening Remarks				
9:15am - 9:50am	Artificial Intelligence and the Future of Mental Health Treatment for Adolescents Sarah Manchanda				
10:00am - 10:50am	The Right to Belong Emily Frake				
11:00am - 11:50am	Building Enviable Lives for People with IDD Ann Turnbull				
12:00pm - 12:50pm	Lunch Break! Golden Eagle Ballroom				
1:00pm - 1:50pm		Inclusive Post-Secondary Education Panel	Trauma-Informed, Evidence-Based Breath Interventions for Youth Mental and Behavioral Health: Bridging Research and School Implementation Pear Wilson	Creating Culturally and Linguistically Responsive Classrooms: Connecting Teachers and Students From Different CLD Backgrounds Anna Osipova, Samriti Mona, Han Lee, & Chanee L. McMillian	Promoting Generalization Through Caregiver and Teacher Training and Support Jennifer Weyman, & Kezia Gopaul-Knights (Eligible for 1 CEU)
2:00pm - 2:50pm	Poster Session	Supporting Individuals with Intellectual Disabilities through Multidisciplinary Collaboration Roundtable	Partnering Through Difficult Conversations: Parent-Practitioner Collaboration to Support Youth Mental Health, Behavior, & Learning Allison Smith	Liberatory Pedagogies: Applying Evidence-Based Teaching Practices during Challenging Times Natalie Williams Awodeha	Telehealth for the Day to Day: How to utilize telehealth services to enhance your services Denice Rios (Eligible for 1 CEU)
3:00pm - 3:50pm		Underrepresented Voices: The experiences of siblings of individuals with special Needs Panel	Reimagining Learning Environments: Empowering High School Students for Social-Emotional Wellness and Post-Secondary Success Shatiera Porte'e	Bridging Virtue and Community: Applying the Virtue-Based Psychosocial Adaptation Model (V-PAM) in Community-Centered Counseling Practice Jeong Han Kim	Visual Supports for Autism in Home, School and Community Settings: An Evidence-Based Practice Presentation CAPTAIN LA
4:30pm - 6:00pm	Guglielmo Advisory Board Meeting Boardroom North/South Guglielmo Strand				